

EXAMEN YONDAN

SUWARIWAZA

JODANTSUKI
KATADORI MENUCHI

IKKYO-JIYUWAZA
IRIMINAGE-KOTEGAESHI

HANMIHANDACHI

RYOTEDORI

KAITENNAGE- SHIHONAGE- JIYUWAZA

SHOMENUCHI

IRIMINAGE-KOTEGAESHI

USHIROWAZA HANMIHANDACHI

USHIRO RYOKATADORI

IKKYO-SANKYO-KOKYUNAGE

TACHIWAZA

SHOMENUCHI

IKKYO- JIYUWAZA

KATADORI MENUCHI

SANKYO-JIYUWAZA

JODANTSUKI

USHIROKIRIOTOSHI-JIYUWAZA

CHUDANTSUKI

HIJIKIMEOSAE-UCHIKAITEN SANKYO- JIYUWAZA

MUNEDORI

SANKYO-SHIHONAGE-JIYUWAZA

KATATEDORI

IKKYO-IRIMINAGE- KOKYUNAGE- AIKI OTOSHI-TENCHINAGE

RYOTEDORI

TENCHINAGE-KOSHINAGE- JIYUWAZA

USHIROWAZA

ERIDORI

IRIMINAGE-JIYUWAZA

KATATEDORI KUBISHIME

NIKKYO-SANKYO

RYOTEDORI

KOTEGAESHI-JIYUWAZA

TANTODORI

JODORI-JONAGE

TACHIDORI

KUMIJO-KUMITACHI

FUTARIDORI

5 UKES